

Wheelchair Skills Training Program: Training Log for Single Session

Manual Wheelchairs

Name of wheelchair user:

Muriel Murphy

Caregiver assisting (if any):

Stan Murphy (husband)

Session #: 3

Date:

December 1, 2018

Any significant changes since last session (e.g. health, wheelchair)? Rear axle moved forward 2 cm.

Skills	Comments and Plans
Moving turns forward	Progressed from cones to drag turn. Needs to work on hand position (farther back).
Incline descent	Slalom steering a little jerky on steep incline. Needs smoother application of hand friction.
Stationary wheelie	Still too reliant on "reactive" balance strategy. Needs more practice on "proactive" strategy.
Wheelie turn in place	Achieves 180° in multiple small steps and migrates to left. Needs larger steps with equal movements of both hands.
Descent high curb (caregiver)	Technique good except scrapes footrests on the curb edge. In next session, try the side-turning method for footrest clearance.
<p>General comments on session:</p> <p style="text-align: right;">Session duration: <u>30</u> minutes</p>	

Trainer name (print): Tony McNeil

Signature: Tony McNeil