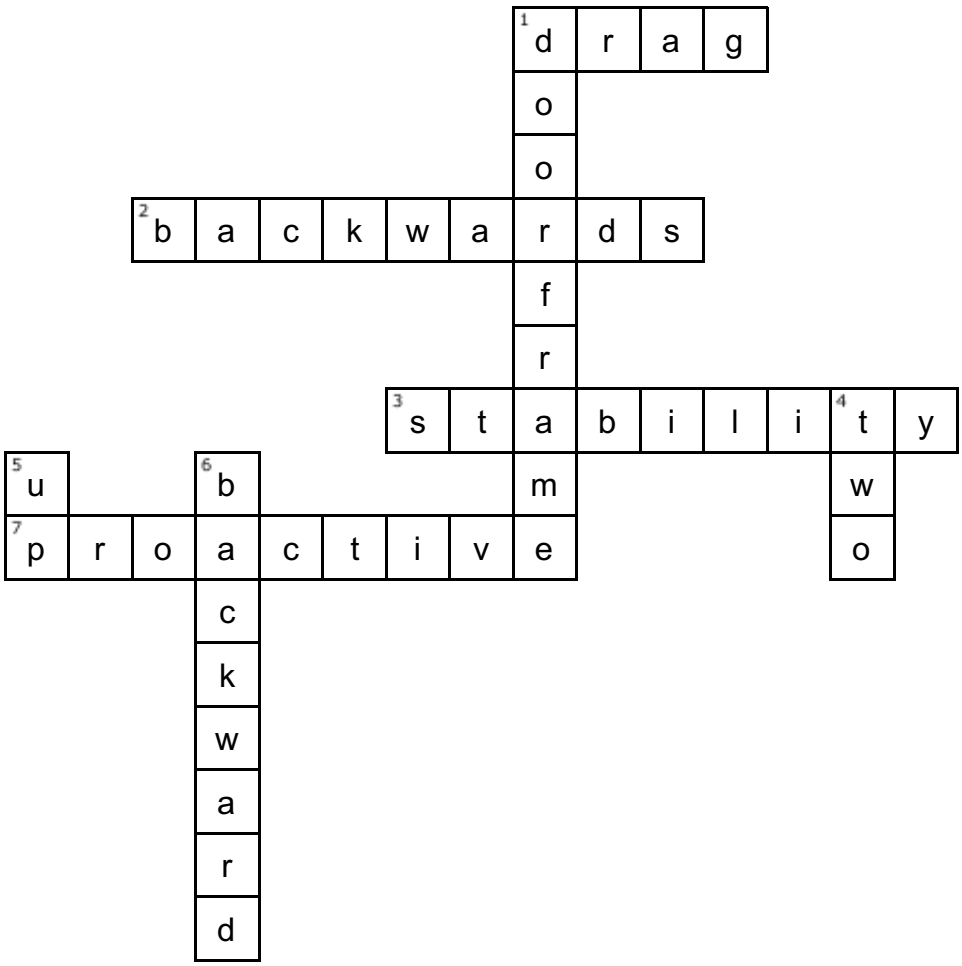
Wheelchair Skills Training Crossword - Week 4



Across

1. When the wheelchair user drags a hand, in a rear position, along the wall to turn toward the wall and around the corner, it's called a _____ turn.

2. To minimize the downhill-turning tendency when moving across side-slopes, the wheelchair user should lean _____.

3. Orienting the casters in a forward trailing position can increase the _____ of the wheelchair when reaching forward.

7. A _____ balance strategy, whereby the wheelchair user keeps the wheels moving forwards and backwards over a small area, can be used to maintain the wheelie.

Down

1. To avoid scraping the hands while moving through a doorway, the wheelchair user can use the _____ to help propel the wheelchair through the door ('slingshot' method).

4. In training basic forward propulsion, the initial and final contact positions might be referred to as eleven and _____ o'clock.

5. The safest way for a wheelchair user to descend stairs is facing ___ and grabbing one or both rails, leaning forward, lowering rear wheels down and following with hands on the railings.

6. A caregiver may find it easier to to pull the wheelchair in this direction to move across a surface with rolling resistance, such as gravel.